

Values for Working with Children

- The child like all of us has innate ability to heal
- His behavior is not the problem; it is his best attempt at a solution
- We are only guides and resources
 - Look at a big picture multi faceted problem
 - Help access their inner strength
 - Advocate Teach skills and alternatives

We come into this world with all we need. We spend our lives learning to access it.

It's all about R-E-S-P-E-C-T

R is for Rapport

E is for Empathy (not sympathy)

S is for Strength based focus

P is for Persistence

E is for Exploring all areas and Experimenting

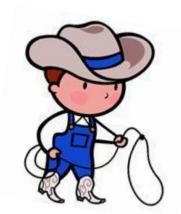
C is for Catching them where they are

T is for trusting the child's inner strengths and skills Train ONLY when necessary and Thank frequently





Rapport



- Used to build **r**elationships quickly
- It is not necessarily trust trust is a time thing
- Identify similarities what are his interests
- Find something in common
- Can be very subtle, breathing, movement, tone, tempo, volume, using their words,
- Listen. It's critical to really, really listen.
- Accept where they are now

Empathy

- A sense of feeling with
- Sympathy is feeling badly for
- Listen for and use their key words
- Recognize feelings
- You are an advocate "on their side"
- Assure your words and approaches are age appropriate, involve his interests and fit within his cultural expectations



Strength



- Use a **S**trength base approach
- Recognize and reinforce his strengths
- What does he do well? What other areas of his life are successful?
- Point out each time he uses a strength
- Reframe silence, opposition and other problematic behavior as a strength.
- Behavior is an attempt at a solution to his problem.



Persistence



- Realize that with serious behavior issues it will rarely be short or easy
- Recognize that EFT is a useful tool but more may be needed.
- If one thing is not working try something else
- Ask the child. He may already know what is needed but not have the resources.
- Follow up! When creating treatment plans make sure all involved parties are on board.



Exploration



- Explore *all* options
- Keep a very open mind
- What about exercise and nutrition and health issues?
- What about school and church and community influences?
- What is his relationship with key people in his life?
- What are the ongoing stressors?
- How can the stresses in his life be eased?



Courage



- Their courage for keeping on keeping on is amazing. Respect it.
 - C Also stands for
- Catch them where they are
- Creativity stand out from the crowd
- Children are not little adults. Modify EFT
- Recognize the Challenge and the Complexity of working with children



Trust



- Trust is created over time. What you say and do always matches. Speak the truth.
- Trust the process of EFT and the relationship
- Trust that the child is always doing the best he can
- Trust your instincts
- Totally be in the here and now
- Training there are times the child needs skill building. We all need a helping hand at times.
- Thank frequently, appreciate the small things



Interview with Ann about using these values with children: http://blogtalk.vo.llnwd.net/o23/show/2/249/show 2249125.mp3

www.FromtheDeskofAnnAdams.com

Blog site holds all articles by Ann

www.EFT4PowerPoint.com

www.EFTDVDoftheMonthClub.com

www.MarketingYourEFTPractice.com

List of helpful EFT learning tools

www.EFT4PowerPoint.com/store